



ACADEMY

SUMMER CAMPS



## CONTENTS



WELCOME

## SUMMER CAMPS

Aspria Academy Camps are for children aged 3-17, operating during every school holiday.

Our camps are a fantastic way for your children to keep active, make friends and learn new skills in a fun and safe environment.

Activities include sports, swimming, arts/crafts and games, which are all age group specific to ensure children are fully engaged and active throughout the day.

# A TYPICAL DAY

What does a day at camp look like? A typical day for children and teenagers includes all the specific activities for each camp, and also a variety of different sports activities and creative pursuits.

If the camp only takes place in the morning or afternoon, the start and finish times are specified in the description. We've also let you know if aquatic games are part of the camp to provide your child with a swimsuit.

## **WELCOME** 08.30

Welcome & free time

## **ACTIVITY 1** 09.30

E.g. Group tennis lessons with coaches

## **ACTIVITY 2** 11.00

E.g. Multi sport session having fun training in different sports

## **LUNCH & RELAXING BREAK** 12.30

Lunch and a relaxing break to get ready for the afternoon.

## **ACTIVITY 3** 14.00

E.g Creativity with theater, art and fun games

## **ACTIVITY 4** 15.30

E.g Splash time with games and activities in the pool

## **FREE TIME** 17.00

E.g Free time to enjoy

## **CHILDCARE** 17.30

Goodbyes and childcare closes



# CAMPS

## CIRCUS & MULTI-SPORT

	DATE	TIME	AGE
<p>Introduce your child to the skills of the circus! Juggling, balance and, most of all, dexterity all play a part: a wonderful way to increase motricity while having fun. This camp also includes crafts to extend the range of creativity. For children above 6 years old, don't forget to provide their swimsuit.</p> <p><i>Pricing: see below</i></p>	04/07 - 08/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	3 - 5 years
	04/07 - 08/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	6 - 8 years

## CREATIVE & MUSICAL

	DATE	TIME	AGE
<p>Creative and storytelling workshops make up this camp for an unforgettable day. A carefully considered combination of activities which will benefit your child's development, boosting creativity, physical fitness and personality.</p> <p><i>Pricing: see below</i></p>	25/07 - 29/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	22/08 - 26/07	Mon - Fri 09.30 - 17.00	3 - 5 years

## CREATIVE & MULTI-SPORT

	DATE	TIME	AGE
<p>Your child will develop team spirit and have fun with our many sporting activities (multi-sport or water games) and will tweak their creative mind into a world where they draw deeply on their imagination, particularly during the creative craft workshops.</p> <p><i>Pricing: see below</i></p>	01/08 - 05/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	9 - 11 years

# CAMPS

## DANCE & CREATIVE

Your child will develop team spirit and have fun with our many sporting activities (multi-sport or water games) and will gain flexibility and a lovely demeanour thanks to dance classes. Imagination is so important at this age and it will be tested during creative workshops.

04/07 - 08/07

Tue - Fri  
09.30 - 17.00

3 - 5 years

18/07 - 22/07  
(except 21/07)

Mon - Fri  
09.30 - 17.00

3 - 5 years

*Pricing: see below*

## DANCE & MULTI-SPORTS

Your child will explore the world of sound through songs and musical instruments. We'll lead children into a world where they draw deeply on their imagination, particularly during the creative craft workshops. The dance and psychomotricity sessions directly benefit the development of body control. Don't forget your child's swimsuit.

04/07 - 08/07

Mon - Fri  
09.30 - 17.00

6 - 8 years

18/07 - 22/07  
(except 21/07)

Mon - Fri  
09.30 - 17.00

6 - 8 years

04/07 - 08/07

Mon - Fri  
09.30 - 17.00

9 - 11 years

18/07 - 22/07  
(except 21/07)

Mon - Fri  
09.30 - 17.00

9 - 11 years

*Pricing: see below*

## QWAN KI DO & MULTI-SPORT

This sports camp combines pool, multi-sport activities and learning self-control through Qwan Ki Do, a rich and comprehensive martial art. Creative workshops will put children's imaginations to the test. Don't forget your child's swimsuit.

16/08 - 19/08

Tue - Fri  
09.30 - 17.00

3 - 5 years

16/08 - 19/08

Tue - Fri  
09.30 - 17.00

6 - 8 years

16/08 - 19/08

Tue - Fri  
09.30 - 17.00

9 - 11 years

*Pricing: see below*

# CAMPS

## THEATER & MULTI-SPORTS

	DATE	TIME	AGE
Your child will step into the shoes of a real actor at the start of this theatrical adventure, which will catalyse children's energy and imagination. Ideal for developing personal confidence, this workshop is complemented by multi-sport activities and water games. Don't forget your child's swimsuit.	11/07 - 15/07	Mon - Fri 09.30 - 17.00	9 - 11 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*

## ZUMBA & MULTI-SPORTS

	DATE	TIME	AGE
The Zumba® sessions are based on the original Zumba® choreography with simplified steps and we also add games and activities. Each day, the classes are complemented by multisports activities and water games for children aged 6 to 11, and tales for children aged 3 to 5. Don't forget your child's swimsuit (if aged 6 or more).	22/08 - 26/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*

## KARATE & MULTI-SPORTS

	DATE	TIME	AGE
This is the sports camp par excellence. Your child will learn team spirit through multi-sport activities and self-control with karate classes. The creative workshops offer a quiet interlude where your child's imagination can flourish. And don't forget to provide a swimsuit for some relaxing time in the pool.	11/07 - 15/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	9 - 11 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*

# CAMPS

## CAPOEIRA & MULTISPORTS

	DATE	TIME	AGE
This sports camp will enable your child to discover Capoeira, an Afro-Brazilian martial art which combines dance with combat techniques. Our wide range of workshops will allow your little ones to develop their creativity in a fun and exciting way at our various psychomotricity, craft and story workshops. This camp is complemented by multi-sport activities and water games. Don't forget your child's swimsuit.	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	3 - 5 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	6 - 8 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*

## CINEMA - CREATION

	DATE	TIME	AGE
Do your children have the soul of an actor? Are they interested in the world of cinema, writing a screenplay, creating costumes or even using a camera? This camp is for them and is complemented by multi-sport activities.	22/08 - 26/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*

## YOGA & MULTISPORT

	DATE	TIME	AGE
Through learning postures, breathing exercises, games and relaxation, children discover and become aware of their body and movements. The exercises are adapted to the children's age and de-velopment level. This camp is complemented by multi-sport activities and water games. Don't forget your child's swimsuit.	25/07 - 29/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	9 - 11 years

*Pricing: see below*



# CAMPS

## TENNIS & MULTI-SPORTS

	DATE	TIME	AGE
<p>If there's one camp that's just right for racket fans and multidisciplinary athletes, it's Tennis &amp; Co! Running, jumping, swimming.... in short, working out with your friends! Team spirit and self-confidence are the key words for this camp. Don't forget your child's swimsuit and racket.</p> <p><i>Pricing: see below</i></p>	11/07 - 15/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	6 - 8 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	6 - 8 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	6 - 8 years
	29/08 - 02/09	Mon - Fri 09.30 - 17.00	6 - 8 years

## FUN TENNIS

	DATE	TIME	AGE
<p>Looking for a fun camp to introduce your child to tennis skills? Fun Tennis is the ideal way to learn ball and racket control. Your child's day will include sports (tennis and water games) and relaxation (story workshop and crafts), the perfect balance for little ones. Don't forget your child's swimsuit.</p> <p><i>Pricing: see below</i></p>	04/07 - 08/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	3 - 5 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	3 - 5 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	29/08 - 02/09	Mon - Fri 09.30 - 17.00	3 - 5 years

# CAMPS

## ILPLATFORM & MULTI-SPORT

	DATE	TIME	AGE
<p>During this camp, your child will learn computer thinking and basic algorithms by programming the behaviour of robots. Through multi-sport activities, your child will learn team spirit and develop a sense of co-ordination at the same time. Creativity and imagination are also included with creative workshops.</p> <p><i>Pricing: see below</i></p>	04/07 - 08/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	6 - 8 years
	04/07 - 08/07	Mon - Fri 09.30 - 17.00	9 - 11 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	9 - 11 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	9 - 11 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	9 - 11 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	9 - 11 years

## MULTI-SPORT 3 - 5 YEARS

	DATE	TIME	AGE
<p>This camp offers a variety of activities for your child, such as learning many sports, crafts, water games and a lot of fun! These enthralling activities contribute significantly to the development of imagination, creativity and co-ordination. Don't forget your child's swimsuit.</p> <p><i>Pricing: see below</i></p>	01/07	Fri 09.30 - 17.00	3 - 5 years
	04/07 - 08/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	3 - 5 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	3 - 5 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	3 - 5 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	3 - 5 years
	29/08 - 02/09	Mon - Fri 09.30 - 17.00	3 - 5 years

# CAMPS

## MULTI-SPORT

### 6 - 8 YEARS & 9 - 11 YEARS

This camp offers a variety of activities for your child, such as learning many sports, crafts, water games and a lot of fun! These enthralling activities contribute significantly to the development of imagination, creativity and co-ordination. Don't forget your child's swimsuit.

*Pricing: see below*

DATE	TIME	AGE
01/07	Fri 09.30 - 17.00	6 - 8 years
04/07 - 08/07	Mon - Fri 09.30 - 17.00	6 - 8 years
11/07 - 15/07	Mon - Fri 09.30 - 17.00	6 - 8 years
18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	6 - 8 years
25/07 - 29/07	Mon - Fri 09.30 - 17.00	6 - 8 years
01/08 - 05/08	Mon - Fri 09.30 - 17.00	6 - 8 years
08/08 - 12/08	Mon - Fri 09.30 - 17.00	6 - 8 years
16/08 - 19/08	Tue - Fri 09.30 - 17.00	6 - 8 years
22/08 - 26/08	Mon - Fri 09.30 - 17.00	6 - 8 years
29/08 - 02/09	Mon - Fri 09.30 - 17.00	6 - 8 years
01/07	Fri 09.30 - 17.00	9 - 11 years
04/07 - 08/07	Mon - Fri 09.30 - 17.00	9 - 11 years
11/07 - 15/07	Mon - Fri 09.30 - 17.00	9 - 11 years
08/08 - 12/08	Mon - Fri 09.30 - 17.00	9 - 11 years
16/08 - 19/08	Tue - Fri 09.30 - 17.00	9 - 11 years
22/08 - 26/08	Mon - Fri 09.30 - 17.00	9 - 11 years
29/08 - 02/09	Mon - Fri 09.30 - 17.00	9 - 11 years

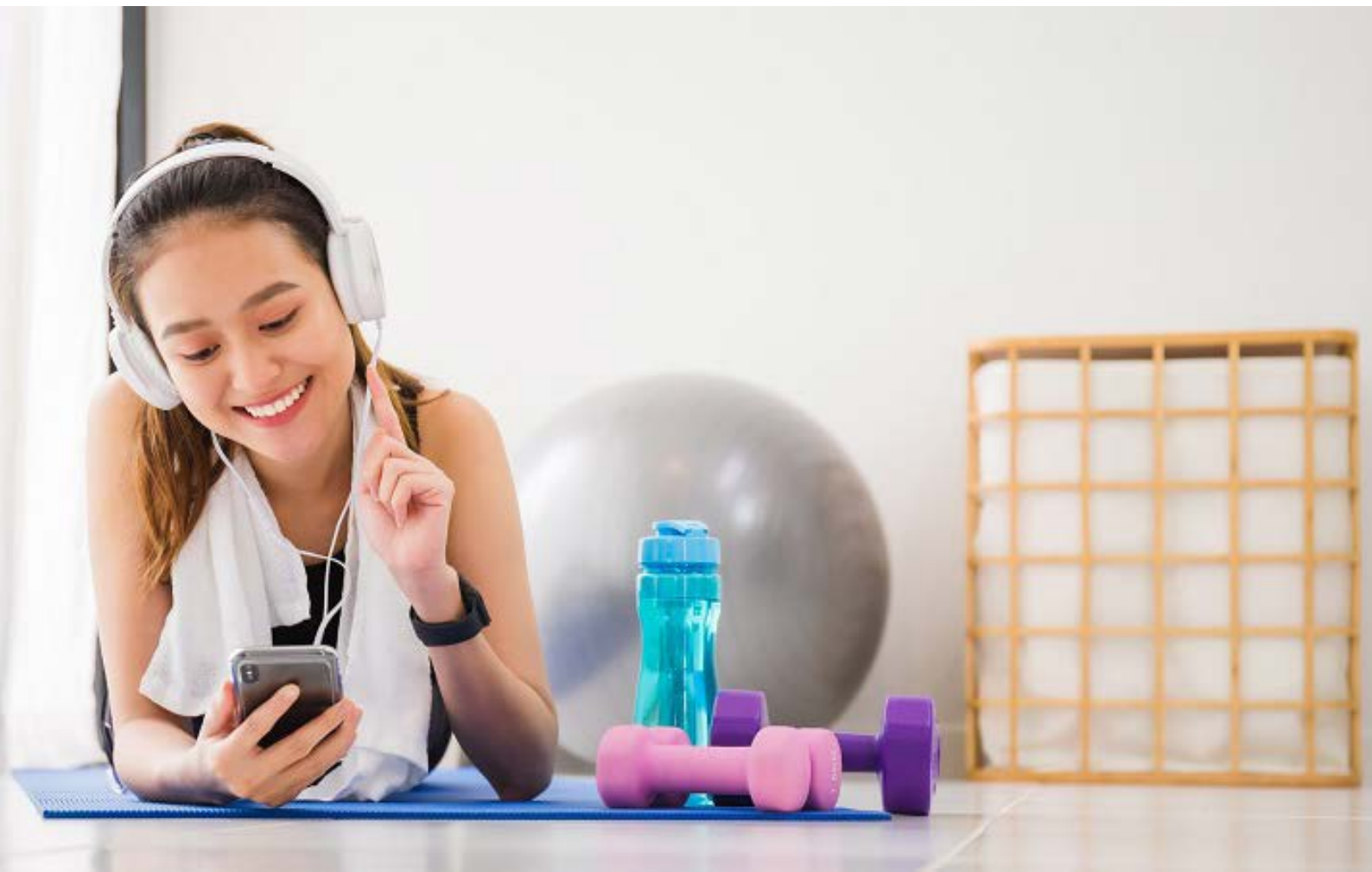
# CAMPS

## SPORT & FITNESS

If you want to get your teenager away from their device for long enough to be active, you have to make exercise fun, social and genuinely engaging – a far cry from the typical school sports lesson. The camp offers an exclusive space where young people are able to spread their wings and explore more grown-up activities, from running skills to agility, fitness challenges to functional training, pool-based classes to sports – a great way to help them find the activity they love. Lunch not included.

**Pricing: see below**

DATE	TIME	AGE
04/07 - 08/07	Mon - Fri 09.00 - 13.00	12 - 15 years
11/07 - 15/07	Mon - Fri 09.00 - 13.00	12 - 15 years
18/07 - 22/07	Mon - Fri 09.00 - 13.00	12 - 15 years
25/07 - 29/07	Mon - Fri 09.00 - 13.00	12 - 15 years
01/08 - 05/08	Mon - Fri 09.00 - 13.00	12 - 15 years
08/08 - 12/08	Mon - Fri 09.00 - 13.00	12 - 15 years
15/08 - 19/08	Mon - Fri 09.00 - 13.00	12 - 15 years
22/08 - 26/08	Mon - Fri 09.00 - 13.00	12 - 15 years
29/08 - 02/09	Mon - Fri 09.00 - 13.00	12 - 15 years



# TENNIS CAMPS

## INTENSIVE TENNIS MORNING

	DATE	TIME	AGE
<p>In a few mornings, your child will develop the basic techniques, tactics and physical aspects of tennis. This camp runs between 9.30 and 12.00. We welcome the players from 8.30. Lunch is not included.</p> <p><i>Pricing: see below</i></p>	27/06 - 01/07	Mon - Fri 09.30 - 12.00	8 - 16 years
	04/07 - 08/07	Mon - Fri 09.30 - 12.00	8 - 16 years
	11/07 - 15/07	Mon - Fri 09.30 - 12.00	8 - 16 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 12.00	8 - 16 years
	25/07 - 29/07	Mon - Fri 09.30 - 12.00	8 - 16 years
	01/08 - 05/08	Mon - Fri 09.30 - 12.00	8 - 16 years
	08/08 - 12/08	Mon - Fri 09.30 - 12.00	8 - 16 years
	16/08 - 19/08	Tue - Fri 09.30 - 12.00	8 - 16 years
	22/08 - 26/08	Mon - Fri 09.30 - 12.00	8 - 16 years
	29/08 - 31/08	Mon - Fri 09.30 - 12.00	8 - 16 years

## INTENSIVE TENNIS AFTERNOON

	DATE	TIME	AGE
<p>In a few afternoons, your child will develop the basic techniques, tactics and physical aspects of tennis. We welcome the players from 13.45 and until 17.30. Lunch is not included.</p> <p><i>Pricing: see below</i></p>	27/06 - 01/07	Mon - Fri 14.00 - 17.00	8 - 16 years
	04/07 - 08/07	Mon - Fri 14.00 - 17.00	8 - 16 years
	11/07 - 15/07	Mon - Fri 14.00 - 17.00	8 - 16 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 14.00 - 17.00	8 - 16 years
	25/07 - 29/07	Mon - Fri 14.00 - 17.00	8 - 16 years
	01/08 - 05/08	Mon - Fri 14.00 - 17.00	8 - 16 years
	16/08 - 19/08	Tue - Fri 14.00 - 17.00	8 - 16 years

# CAMPS TENNIS

## INTENSIVE TENNIS FULL DAY

	DATE	TIME	AGE
<p>This camp boosts children who are passionate about tennis to achieve new heights! An intensive camp to consolidate foundations and perfect technique, interspersed with stress-busting water games. Don't forget your child's swimsuit. We welcome the players from 8.30 and until 17.30. Lunch is included.</p> <p><i>Pricing: see below</i></p>	27/06 - 01/07	Mon - Fri 09.30 - 17.00	8 - 16 years
	04/07 - 08/07	Mon - Fri 09.30 - 17.00	8 - 16 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	8 - 16 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	8 - 16 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	8 - 16 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	8 - 16 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	8 - 16 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	8 - 16 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	8 - 16 years
	29/08 - 31/08	Mon - Fri 09.30 - 17.00	8 - 16 years

## FUN TENNIS FOR TEENS

	DATE	TIME	AGE
<p>An opportunity to (re)discover tennis and progress alongside young people of similar age. Coached by our enthusiastic instructors, teenagers will learn to master techniques and tactics to gain advantage on the court. Lunch included. Don't forget your child's swimsuit.</p> <p><i>Pricing: see below</i></p>	27/06 - 01/07	Mon - Fri 09.30 - 17.00	11 -17 years
	04/07 - 08/07	Mon - Fri 09.30 - 17.00	11 -17 years
	11/07 - 15/07	Mon - Fri 09.30 - 17.00	11 -17 years
	18/07 - 22/07 (except 21/07)	Mon - Fri 09.30 - 17.00	11 -17 years
	25/07 - 29/07	Mon - Fri 09.30 - 17.00	11 -17 years
	01/08 - 05/08	Mon - Fri 09.30 - 17.00	11 -17 years
	08/08 - 12/08	Mon - Fri 09.30 - 17.00	11 -17 years
	16/08 - 19/08	Tue - Fri 09.30 - 17.00	11 -17 years
	22/08 - 26/08	Mon - Fri 09.30 - 17.00	11 -17 years
	29/08 - 31/08	Mon - Fri 09.30 - 17.00	11 -17 years

# CAMPS TENNIS

## FIT TENNIS

Fit Tennis is the opportunity to (re-)discover tennis and improve your game along with other teenagers. Coached by our passionate instructors, your teenager will learn to master tennis techniques and tactics and gain advantage on the courts. Lunch included. Don't forget to provide your child with a swimsuit.

*Pricing: see below*

DATE	TIME	AGE
04/07 - 08/07	Mon - Fri 09.30 - 17.00	11 -17 years
11/07 - 15/07	Mon - Fri 09.30 - 17.00	11 -17 years
22/08 - 26/08	Mon - Fri 09.30 - 17.00	11 -17 years
29/08 - 31/08	Mon - Fri 09.30 - 17.00	11 -17 years

## TENNIS COMPETITION

Enter the closed circle of the competitors. Our instructors share their tactical playing expertise. They'll accompany you to a tournament, analyse your game and make improvements. This camp includes physical training for tennis and water activities, running in small groups of 4 to 6 players, between 9.30 and 17.00. We welcome the players from 8.30 and until 17.30. Lunch is included.

*Pricing: see below*

DATE	TIME	AGE
04/07 - 08/07	Mon - Fri 09.30 - 17.00	11 -17 years
11/07 - 15/07	Mon - Fri 09.30 - 17.00	11 -17 years
16/08 - 19/08	Tue - Fri 09.30 - 17.00	11 -17 years
22/08 - 26/08	Mon - Fri 09.30 - 17.00	11 -17 years





PRICING





# PRICING

Academy camps are open to non-member children on payment of a cost supplement of 20% per day. It is not possible to register per day.

ASPRIA JUNIOR+ (9-11 YEARS)	01/07	04/07 - 08/07	11/07 - 15/07	18/07 - 22/07 (4 days)	25/07 - 29/07	01/08 - 05/08	08/08 - 12/08	16/08 - 19/08 (4 days)	22/08 - 26/08	29/08 - 02/09
Zumba & Multi-sport									€209	
Dance & Multi-sport		€209		€175						
Multi-sport	€42	€209	€209				€209	€175	€209	€209
Yoga & Multi-sport					€209					
Creative & Multi-sport						€209				
Qwan Ki Do & Multi-sport								€175		
Theater & Multi-sport			€209				€209			
ILPlatform & Multi-sport		€209		€175	€209	€209		€175		
Karate & Multi-sport			€209		€209					
Capoeira & Multi-sport				€175						
Cinema & Creation									€209	
ASPRIA, TEEN & TEEN+ (12-15 YEARS)	01/07	04/07 - 08/07	11/07 - 15/07	18/07 - 22/07	25/07 - 29/07	01/08 - 05/08	08/08 - 12/08	15/08 - 19/08	22/08 - 26/08	29/08 - 02/09
Sport & Fitness		€165	€165	€165	€165	€165	€165	€165	€165	€165



# PRICING TENNIS

Academy camps are open to non-member children on payment of a cost supplement of 20% per day. It is not possible to register per day.

ASPRIA JUNIOR+, TEEN & TEEN+ (8-16 YEARS)	27/06 - 01/07	04/07 - 08/07	11/07 - 15/07	18/07 - 22/07 (4 days)	25/07 - 29/07	01/08 - 05/08	08/08 - 12/08	16/08 - 19/08 (4 days)	22/08 - 26/08	29/08 - 31/08
Intensive Tennis Morning	€135	€135	€135	€107	€135	€135	€135	€107	€135	€81
Intensive Tennis Afternoon	€135	€135	€135	€107	€135	€135		€107		
Intensive Tennis	€235	€235	€235	190€	€235	€235	€235	190€	€235	€141
ASPRIA TEEN, TEEN+ & EVOLUTION (12-16 YEARS)	27/06 - 01/07	04/07 - 08/07	11/07 - 15/07	18/07 - 22/07 (4 days)	25/07 - 29/07	01/08 - 05/08	08/08 - 12/08	16/08 - 19/08 (4 days)	22/08 - 26/08	29/08 - 31/08
Fun Tennis For Teens	€185	€185	€185	€150	€185	€185	€185	€150	€185	€110
Fit Tennis		€235	€235						€235	€140
ASPRIA JUNIOR+, TEEN, TEEN+ & EVOLUTION (8-16 YEARS)	27/06 - 01/07	04/07 - 08/07	11/07 - 15/07	18/07 - 22/07 (4 days)	25/07 - 29/07	01/08 - 05/08	08/08 - 12/08	16/08 - 19/08 (4 days)	22/08 - 26/08	29/08 - 31/08
Tennis Competition		€235	€235					€235	€235	
<i>Special pricing "Team Competition"</i>		€180	€180					€180	€180	





## HOW TO BOOK

You can register your  
child on the webshop:

**BOOK NOW**

For more information,  
please contact the Academy Hub,  
except for intensive and competition  
tennis and fitness camps.

Academy Hub  
[academyhub@aspria.be](mailto:academyhub@aspria.be)  
+32 2 609 19 53

Tennis  
[tennis@royallarasante.be](mailto:tennis@royallarasante.be)  
+32 2 609 19 98

Fitness  
[fitness.royallarasante@aspria.be](mailto:fitness.royallarasante@aspria.be)  
+32 2 609 19 08

# CAMP INFORMATION

## DATES & TIMES

### SUMMER CAMPS

July 01  
04 July - 08 July  
July 11 - July 15  
July 18 - July 22 (4 days)  
July 25 - July 29  
August 01 - August 05  
August 08 - August 12  
August 16 - August 19 (4 days)  
August 22 - August 26  
August 29 - September 02

### THE ½ TENNIS MORNING CAMPS

Begin at 09.00 and end at 12.00.

### TENNIS AFTERNOON CAMPS

Begin at 14.00 and end at 17.00.

### FULL DAY CAMPS

Begin at 9.30 and end at 17.00

### CHILDCARE

Free childcare is available from 8.30 - 9.30 in the morning and between 17.00 and 17.30 in the afternoon.

## HEALTH

When you register, you'll be given a health questionnaire. If you register online, please come and ask for the questionnaire before the start of the camp. This must be completed and returned to the Academy Hub, at the Tennis office or at the Fitness office before the start of the camp. The child cannot join the camp unless this has been done.

## GROUPS

A minimum of 5 children is required for the camp to take place. Aspria Royal La Rasante reserves the right to cancel the camp or change the programme if this number is not reached. Children must take part in the activities of the camp for which they are registered. It is not possible to change group during the day. If it is not possible for children to take part for medical reasons (e.g. Aquatic games), they will remain with the group without participating in the activity.

## INTENSIVE AND COMPETITION TENNIS GROUPS

As the children are divided into groups according to both age and level, there will be an assessment of their skills on the first day of the camp. We offer tennis camps for children in 3 different age groups:

- + 8 - 9 years inclusive
- + 10 - 14 years inclusive
- + 15 - 18 years inclusive.

Children are divided into groups of 4-6 per leader, according to age.

## EQUIPMENT

For each camp and for all sports, (except for tennis) we will be responsible for providing the equipment. Children should wear sports clothing and trainers. Please provide a waterproof jacket. Don't forget to bring along their swimming costume when indicated in the camp. Aspria Royal La Rasante will provide towels. For tennis camps, in case of bad weather, activities might change. For tennis camps, children should wear tennis shoes and bring their own tennis racket. Tennis rackets can be rented on request (€10/week, limited number).

## MEALS

The price of camps includes the different activities, a hot meal with a drink (water) and a fruit for dessert and snack at 15.30. The morning snack must always be provided by parents. Each child must come to the camp with his water bottle that we will fill at the club. If your child has food allergies or a special diet, please provide a meal for your child. The ½ day camps do not include a hot meal.

## REFUNDS

No refunds will be made in the event that a child misses one or more days, whatever the reason, unless the child suffers an injury during the camp which prevents him/her continuing.

